

Degree of Respiratory Distress

| Level | Level of Distress | Presentation | O ₂ Sat | PEFR |
|-------|-------------------|---|--------------------|------------------|
| 1 | Severe | Fatigued from excessive work of breathing, cyanosis, single-word speech, unable to speak, upper airway obstruction, lethargic, or confused | <90% | |
| 2 | Moderate | Increased work of breathing, speaking phrases or clipped sentences, significant or worsening stridor but airway protected | <92% | <40% predicted |
| 3 | Mild to Moderate | Dyspnea, tachypnea, shortness of breath on exertion, no obvious increased work of breathing, able to speak in sentences, stridor without any obvious airway obstruction | 92-94% | 40-60% predicted |
| 4 | | Other discriminators should be used to define level | 95-100% | >60% |
| 5 | | Other discriminators should be used to define level | 95-100% | >60% |